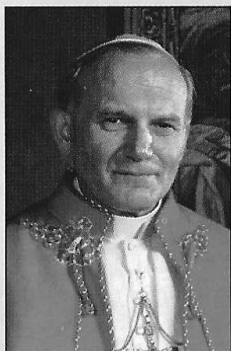


How To Pray The Rosary

1. Make the sign of the cross and say the "Apostles Creed."
2. Say the "Our Father."
3. Say three "Hail Mary's."
4. Say the "Glory be to the Father."
5. Announce the First Mystery; then say the "Our Father."
6. Say ten Hail Mary's while meditating on the Mystery.
7. Say the "Glory be to the Father."
8. After each decade say the "Fatima Prayer" requested by the Blessed Virgin Mary.
9. Announce the Second Mystery; then say the "Our Father." Repeat 6, 7 and 8 and continue with the Third, Fourth and Fifth Mysteries in the same manner.
10. Say the "Hail, Holy Queen" after the five decades are completed.
11. As a general rule, the **JOYFUL MYSTERIES** are said on Monday and Saturday; the **SORROWFUL MYSTERIES** on Tuesday and Friday; the **GLORIOUS MYSTERIES** on Wednesday and Sunday; the **LUMINOUS MYSTERIES** on Thursday.



"The Rosary is my favourite prayer." — Pope John Paul II

"After the Holy Sacrifice of the Mass, there is nothing in the Church that I love as much as the Rosary"

— Our Lady to Blessed Alan de la Roche

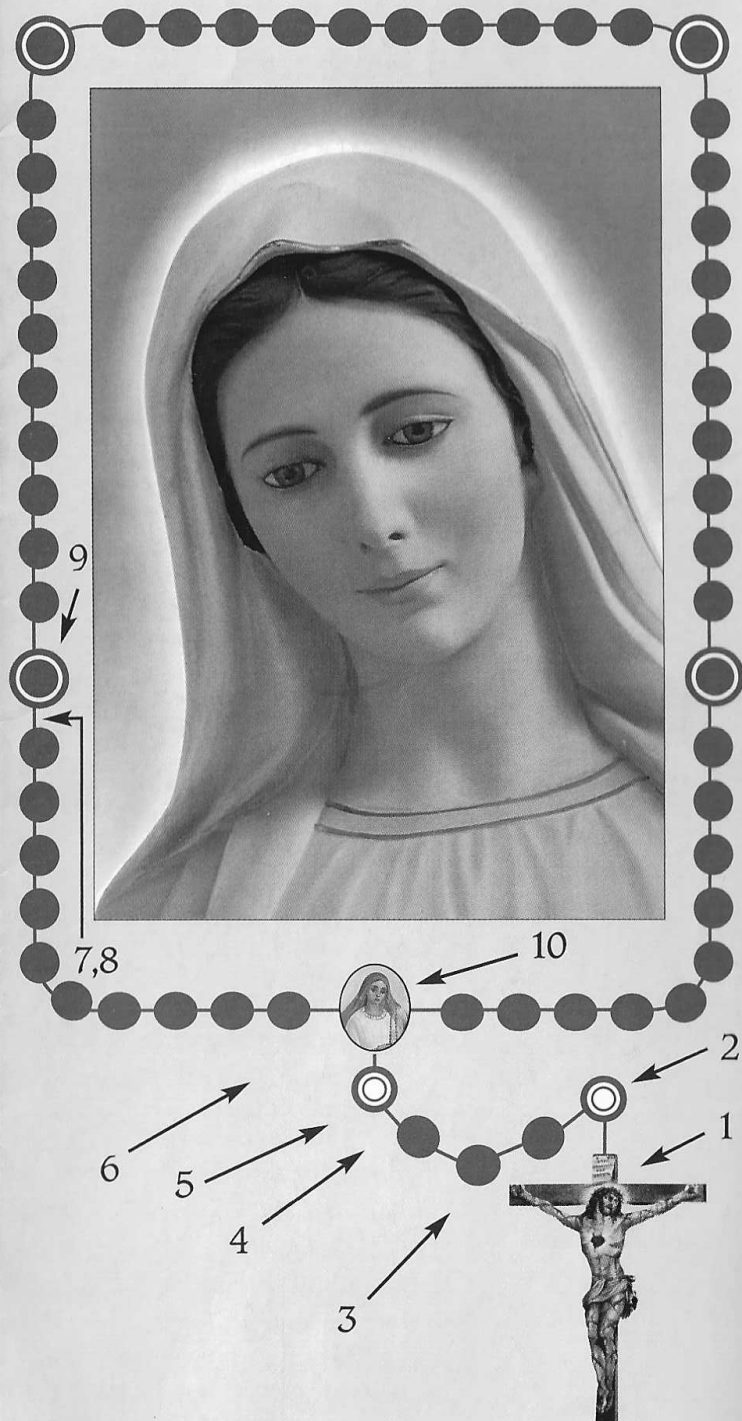
For additional copies contact:

Ave Maria Centre of Peace
P.O. Box 489, Station U
Toronto, Ont. M8Z 5Y8

#4500-EN



Pray The Rosary Daily



Prayers of the Rosary

THE APOSTLES CREED

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only son, our Lord. He was conceived by the power of the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

OUR FATHER

Our Father, Who art in heaven; hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen.

HAIL MARY

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

HAIL HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope, to thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears; turn, then, most gracious Advocate, thy eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

FATIMA PRAYER

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those who are in most need of thy mercy.

The 15 Promises of Mary to Those Who Pray the Rosary

1. Whoever shall faithfully serve me by the recitation of the rosary, shall receive signal graces.
2. I promise my special protection and the greatest graces to all those who shall recite the rosary.
3. The rosary shall be a powerful armour against hell, it will destroy vice, decrease sin, and defeat heresies.
4. It will cause virtue and good works to flourish; it will obtain for souls the abundant mercy of God; it will withdraw the hearts of men from the love of the world and its vanities, and will lift them to the desire of eternal things. Oh, that souls would sanctify themselves by this means.
5. The soul which recommends itself to me by the recitation of the rosary, shall not perish.
6. Whoever shall recite the rosary devoutly, applying himself to the consideration of its sacred mysteries shall never be conquered by misfortune. God will not chastise him in His justice, he shall not perish by an unprovided death; if he be just he shall remain in the grace of God, and become worthy of eternal life.
7. Whoever shall have a true devotion for the rosary shall not die without the sacraments of the Church.
8. Those who are faithful to recite the rosary shall have during their life and at their death the light of God and the plenitude of His graces; at the moment of death they shall participate in the merits of the saints in paradise.
9. I shall deliver from purgatory those who have been devoted to the rosary.
10. The faithful children of the rosary shall merit a high degree of glory in heaven.
11. You shall obtain all you ask of me by the recitation of the rosary.
12. All those who propagate the holy rosary shall be aided by me in their necessities.
13. I have obtained from my Divine Son that all the advocates of the rosary shall have for intercessors the entire celestial court during their life and at the hour of death.
14. All those who recite the rosary are my sons, and brothers of my only son Jesus Christ.
15. Devotion of my rosary is a great sign of predestination.

(Given to St. Dominic and Blessed Alan de la Roche)
Imprimatur: ✠ Patrick J. Hayes, D.D., Archbishop of New York



FIRST JOYFUL MYSTERY

The Annunciation

And when the angel had come to her, he said, "Hail, full of grace, the Lord is with thee. Blessed art thou among women." (Luke 1, 28)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For the love of humility



SECOND JOYFUL MYSTERY

The Visitation

Elizabeth was filled with the Holy Spirit and cried out in a loud voice: "Blest are you among women and blest is the fruit of your womb." (Luke 1, 41-42)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For charity towards my neighbour



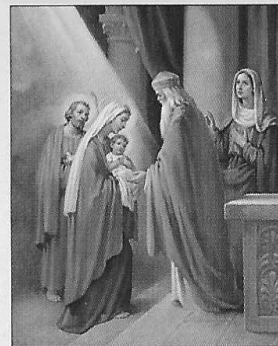
THIRD JOYFUL MYSTERY

The Birth of Jesus

She gave birth to her first-born son and wrapped him in swaddling clothes and laid him in a manger, because there was no room for them in the place where travellers lodged. (Luke 2, 7)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For the spirit of poverty



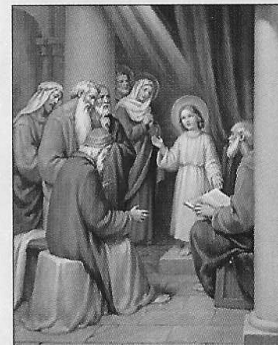
FOURTH JOYFUL MYSTERY

The Presentation

When the day came to purify them according to the law of Moses, the couple brought him up to Jerusalem so that he could be presented to the Lord, for it is written in the law of the Lord, "Every first-born male shall be consecrated to the Lord." (Luke 2, 22-23)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For the virtue of obedience



FIFTH JOYFUL MYSTERY

Finding the Child Jesus in the Temple

On the third day they came upon him in the temple sitting in the midst of the teachers, listening to them and asking them questions. (Luke 2, 46)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For the virtue of piety



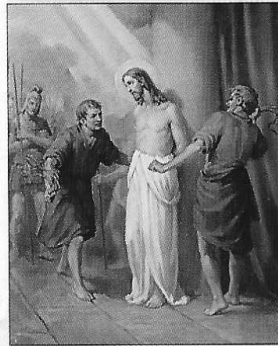
FIRST SORROWFUL MYSTERY

The Agony in the Garden

In his anguish he prayed with all the greater intensity, and his sweat became like drops of blood falling to the ground. Then he rose from prayer and came to his disciples, only to find them asleep, exhausted with grief. (Luke 22, 44-45)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For true contrition for sin



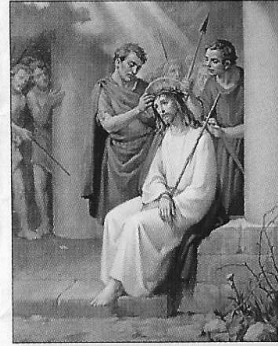
SECOND SORROWFUL MYSTERY

The Scourging at the Pillar

Pilate's next move was to take Jesus and have him scourged. (John 19, 1)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For the virtue of purity



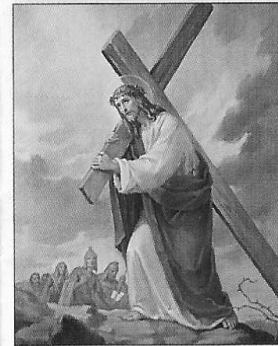
THIRD SORROWFUL MYSTERY

Crowning with Thorns

They stripped off his clothes and wrapped him in a scarlet military cloak. Weaving a crown out of thorns they fixed it on his head, and stuck a reed in his right hand. (Mt 27, 28-29)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For moral courage



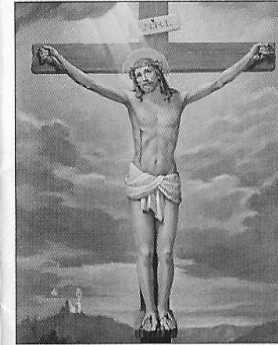
FOURTH SORROWFUL MYSTERY

Carrying of the Cross

... carrying the cross by himself, he went out to what is called the Place of the Skull (in Hebrew, Golgotha). (John 19, 17)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For the virtue of patience



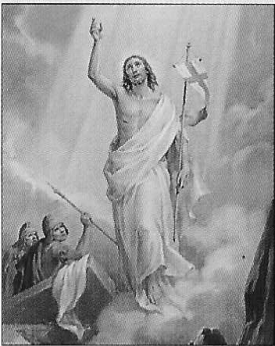
FIFTH SORROWFUL MYSTERY

The Crucifixion

Jesus uttered a loud cry and said, "Father, into your hands I commend my spirit" After he said this, he expired. (Luke 23, 46)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For final perseverance



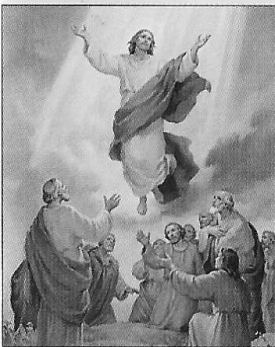
FIRST GLORIOUS MYSTERY

The Resurrection

"You need not be amazed! You are looking for Jesus of Nazareth, the one who was crucified. He has been raised up; he is not here. See the place where they laid him." (Mark 16, 6)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For the virtue of faith



SECOND GLORIOUS MYSTERY

The Ascension

Then, after speaking to them, the Lord Jesus was taken up into Heaven and took his seat at God's right hand. (Mark 16, 19)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For the virtue of hope



THIRD GLORIOUS MYSTERY

Descent of the Holy Spirit

All were filled with the Holy Spirit. They began to express themselves in foreign tongues and make bold proclamation as the Spirit prompted them. (Acts 2, 4)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For the virtue of love



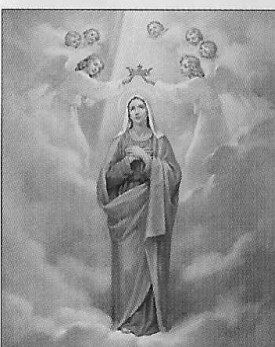
FOURTH GLORIOUS MYSTERY

The Assumption of the Blessed Virgin Mary

A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. (Revelations 12, 1)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For a happy death



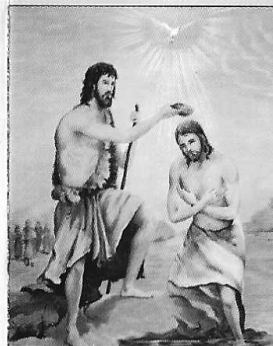
FIFTH GLORIOUS MYSTERY

The Coronation of the Blessed Virgin Mary

You are the glory of Jerusalem ... you are the splendid boast of our people ... God is pleased with what you have wrought. May you be blessed by the Lord Almighty forever and ever. (Judith 15, 9-10)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For eternal salvation



FIRST LUMINOUS MYSTERY

Baptism of Jesus

After Jesus was baptized, he came directly out of the water. Suddenly the sky opened and he saw the Spirit of God descend like a dove and hover over him. With that, a voice from the heavens said, *"This is my beloved Son. My favor rests on him."* (Mt. 3, 16-17)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For submission to God's will



SECOND LUMINOUS MYSTERY

Wedding Feast of Cana

There was a wedding at Cana in Galilee, and the Mother of Jesus was there... At a certain point the wine ran out, and Jesus' mother told him, *"They have no more wine."* ... His mother instructed those waiting on table, *"Do whatever he tells you."* (Jn 2, 1-5)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For devotion to Mary



THIRD LUMINOUS MYSTERY

Proclamation of the Kingdom of God

Jesus appeared in Galilee proclaiming the good news of God: *"This is the time of fulfillment. The reign of God is at hand! Reform your lives and believe in the gospel!"* (Mk 1, 14-15)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For the grace of conversion



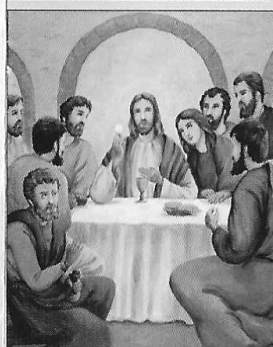
FOURTH LUMINOUS MYSTERY

The Transfiguration

Jesus took Peter, James, and his brother John and led them up on a high mountain by themselves. He was transfigured before their eyes. His face became as dazzling as the sun, his clothes as radiant as light. (Mt 17, 1-2)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For holy fear of God



FIFTH LUMINOUS MYSTERY

Institution of the Holy Eucharist

Taking bread and giving thanks, he broke it and gave it to them, saying: *"This is my body to be given for you. Do this as a remembrance of me."* He did the same with the cup after eating, saying as he did so: *"This cup is the new covenant in my blood, which will be shed for you."* (Lk 22, 19-20)

One Our Father, Ten Hail Marys, One Glory Be, etc.

For thanksgiving to God