



2775 Erin Centre Boulevard  
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Phone: (905) 812 0030  
Fax: (905) 812 0011  
[www.mercifulredeemer.org](http://www.mercifulredeemer.org)

## OFFICE HOURS

Appointment required

**Tuesday** 9:00 AM - 4:00 PM

**Thursday** 9:00 AM - 4:00 PM

**Saturday** 9:00 AM - 4:00 PM

## MASS TIMES

**Monday** 12:15 PM

**Tuesday** 7:00 PM

**Wednesday** 12:15 PM

**Thursday** 7:00 PM

**Friday** 12:15 PM

**Saturday** 9:00 AM

3:00 PM (Sunday Vigil)

**Sunday** 9:00 AM

## CHURCH HOURS

**Mon., Wed., Fri.** 1:00 PM - 7:00 PM

**Tues., Thurs.** 11:00 AM - 7:00 PM

**Sat.** 10:00 AM - 2:30 PM

**Sun.** 2:00 PM - 4:30 PM

## ADORATION CHAPEL

*Closed until further notice*

## FOLLOW US ON SOCIAL MEDIA

@MercifulRedeemerParish

@RedeemerParish

@RedeemerParish

@mryouthministry

@forged.jpg

@forgedministry

@mrcssvp

## PARISH TEAM

**Msgr Owen Keenan, Pastor**  
[pastor@mercifulredeemer.org](mailto:pastor@mercifulredeemer.org)

**Fr Suresh Xavier, Associate Pastor**  
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**Fr Tom Kluger, Associate Pastor**  
[associate@mercifulredeemer.org](mailto:associate@mercifulredeemer.org)

**Patricia Pereira, Office Manager**  
[office@mercifulredeemer.org](mailto:office@mercifulredeemer.org)

**Elizabeth Nogueira, Daytime Secretary**  
**Flavia Fernandes, Evening Secretary**  
[secretary@mercifulredeemer.org](mailto:secretary@mercifulredeemer.org)

**Danielle Lape, Youth Ministry**  
[mercifulredeemerym@gmail.com](mailto:mercifulredeemerym@gmail.com)

**Jane Scamurra, Lay Pastoral Associate**  
[jane@mercifulredeemer.org](mailto:jane@mercifulredeemer.org)

**Kielon Gerra, Communications Coordinator**  
[communications@mercifulredeemer.org](mailto:communications@mercifulredeemer.org)

## PARISH SCHOOLS

**St. Aloysius Gonzaga** 2800 Erin Centre Blvd. | (905) 820 3900

**Divine Mercy** 2840 Duncairn Dr. | (905) 812 5445

**Our Lady of Mercy** 5820 Glen Erin Dr. | (905) 814 9216

**St. Rose of Lima School** 4590 The Gallops | (905) 828 4076

**St. Sebastian School** 3460 Aquinas Ave. | (905) 607 0107

## PARISH COMMUNITY

**Charismatic Prayer Group** Mondays, 7:00 - 8:00 PM

**St. JP II Theology of the Body Prayer Group** Wednesdays, 9:00 - 10:00 PM, by Zoom, [tob@bell.net](mailto:tob@bell.net)

**Knights of Columbus** Michael Fonseca, [gk16254@ontariokofc.ca](mailto:gk16254@ontariokofc.ca)

**Men's Fraternity** Saturdays, 8:00-10:00 AM, by Zoom

**Merciful Moms** Tuesdays, 9:30-11:30 AM

**Youth Ministry** <https://mercifulredeemer.org/youth-ministry>

**Forged Young Adult Ministry** [www.forgedministry.com](http://www.forgedministry.com)

**Society of St. Vincent de Paul** [www.mrcssvp.ca](http://www.mrcssvp.ca)

**Catholic Cemeteries & Funeral Services** [www.catholic-cemeteries.com](http://www.catholic-cemeteries.com)

**Bible Study Group** Wednesdays, 7:30-9:00 PM

## CONFESSION TIMES

**Tuesday** 6:00 - 7:00 PM

**Saturday** 4:00 PM - 5:00 PM

## TODAY'S MASS READINGS

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**First Reading:** Job 7:1-4, 6-7

**Second Reading:** 1 Corinthians 9:16-19, 22-23

**Gospel:** Mark 1:29-39

## WEEKLY MASS INTENTIONS

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### **Monday, February 8, 12:15 PM**

+ Valentine, Matilda & Nicholas Emmanuel

+ Martel Manalo

+ Gregorio & Sonya Trinchera

Thanksgiving for St. Anthony

### **Tuesday, February 9, 7:00 PM**

+ Stephen & Marianne Nogueira

+ John & Maria Mascarenhas

Thanksgiving by Savio & Elizabeth Nogueira

### **Wednesday, February 10, 12:15 PM**

+ Beniamino Iavicoli

+ Federico Estoque Sr.

+ Ronald Nevins-Selvadurai

Thanksgiving to Mother Mary

### **Thursday, February 11, 7:00 PM**

+ Audrey Teresa Smith

+ Joaquim Fernandes

+ Lourdes & Romualdo De Andrade

Special Intention for Lourdes Virey

### **Friday, February 12, 12:15 PM**

+ Reginaldo Edralin Sr.

+ Martel Manalo

+ Mark Stephenson

### **Saturday, February 13, 9:00 AM**

+ Joseph Yogaratnam

+ Agnes Kwok-Sun

+ Rita & Emmanuel Joseph

+ Edmundo Soto Sr.

+ Martel Manalo

### **Saturday, February 13, 3:00 PM**

+ Martel Manalo

### **Sunday, February 14, 9:00 AM**

+ Julius Alvares

+ Mariam Daniel

+ Lina Pelaia

+ Cristina Santos-Maxino

+ Emperatriz Kang

+ Costa Marie Fernandes

+ Holy Souls in Purgatory

Thanksgiving to Mother Mary

Thanksgiving for Trevor & Pearl Fernandes

Thanksgiving for Savio & Elizabeth Nogueira

## SUNDAY REFLECTION

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*"Is not our life on earth drudgery?"*

Let's face it. Try as we might to always look at the bright side of life, each and every one of us have times in our lives when we would answer Job's question with a resounding "yes." The burdens of life are real. Setbacks in life are painful. Headaches - and heartache - are a part of being human. We need to be honest. We need to name and address those areas of our lives in which we feel weighed down and burdened. However, wallowing in or dwelling upon the negative can be far more dangerous and debilitating to our spiritual, emotional, psychological, social and mental health than the troubles themselves.

Francis de Sales observed that dwelling on the burdens of life *"upsets the soul, arouses inordinate fears, creates disgust for prayer, stupefies and oppresses the brain, deprives the mind of prudence, resolution, judgment and courage, and destroys its strength. In a word, such sorrow is like a severe winter that spoils all the beauty of the country and weakens all the animals. It takes away all sweetness from the soul and renders it disabled."*

What is the best remedy for melancholy, for the temptation to focus only on what is wrong, what is broken, what is painful? The combination of prayer, good works, and good friends:

**Prayer** – "Prayer is a sovereign remedy for it lifts up the soul to God who is our joy and consolation."

**Good works** – "By means of sorrow the evil one tries to make us weary of doing what is good, but if he sees that we won't give up on doing good, then he will stop troubling us."

**Good friends** – "Humbly and sincerely reveal to another all the feelings, affections and suggestions that proceed from your sadness. Try to talk to spiritual friends frequently and spend time with them as much as you possibly can during this period" of dryness.

St. Francis de Sales claimed *"the evil one is pleased with sadness and melancholy because he himself is sad and melancholy and will be so for all eternity. Hence, Satan desires that everyone should be like himself."* Hence the expression misery loves company.

In the face of life's burdens and difficulties let us do our level best to deprive the evil one of our company and walk in the company prayerful, positive and proactive people.

Gospel Reflection CF: <https://oblates.squarespace.com/sundays-salesian-feed/fifth-sunday-in-ordinary-time-february-7-2021>

# ANNOUNCEMENTS

## *Next Week's Readings*

**First Reading:** Leviticus 13:1 - 2, 44 - 46

**Second Reading:** 1 Corinthians 10:31 - 11:1

**Gospel:** Mark 1:40 - 45

### 2021 Envelope Boxes

Now available for pick up in the church foyer during opening hours:

**Mon, Wed, Fri** 1:00 p.m. - 7:00 p.m.

**Tues, Thurs** 11:00 a.m. - 7:00 p.m.

**Sat** 10:00 a.m. - 2:30 p.m.

**Sun** 2:00 p.m. - 4:30 p.m.

They have been placed by last name in alphabetical order. Our envelope numbering system has been revamped and as such, some of our parishioners have been re-assigned new numbers. Please follow COVID protocols while handling the boxes. If you are new to the parish or if you are an existing parishioner who cannot find their envelope box, kindly contact the Parish Office.

### Tax Receipts

Tax receipts will be mailed out in February by the Archdiocese of Toronto. If you have not received your 2020 tax receipt by the end of February, please email or call the parish office to be put in contact with the Archdiocese.

### National Association of Catholic Nurses-Canada (NACN-Canada)

NACN-Canada's goal is to align professional practice with faith through prayer, education, service and participation in public discourse. We will pray the Divine Mercy Chaplet on Friday, February 5 and Friday, March 5 at 3:00 p.m. We will also pray the Divine Mercy Presentation on Tuesday, March 23 at 6 p.m. Contact us at the email address below to receive Zoom links to these and other events such as Bible study.

**Contact:** NACN-Canada PO Box 19525, Manulife PO, 55 Bloor St. W., Toronto ON M4W 3T9

**Email:** [nacncanada.boardcontact@gmail.com](mailto:nacncanada.boardcontact@gmail.com)

**Website:** [www.catholicnurses.ca](http://www.catholicnurses.ca)

## *Euthanasia Bill*

**STAY INVOLVED: IT'S NOT YET TOO LATE!**

The federal government continues to seek to expand state-sanctioned killing of the sick and infirm. This week is critical. This week is your chance to advocate against Same-Day Death as Senators consider the Government's proposed legislation expanding euthanasia in Canada.

According to the 2020 Health Canada report, "The number of cases of MAID in 2019 represents an increase of 26.1% over 2018 numbers."

Bill C-7 would make more and more Canadians vulnerable to premature death. That's why physicians, First Nations communities, disability rights advocates, and countless concerned Canadians have been sounding the alarm about this legislation.

At the beginning of February, the Legal and Constitutional Affairs Senate Committee will begin their official 3-day study on Bill C-7.

**This is why it's imperative for Senators to hear from you now— this week.**

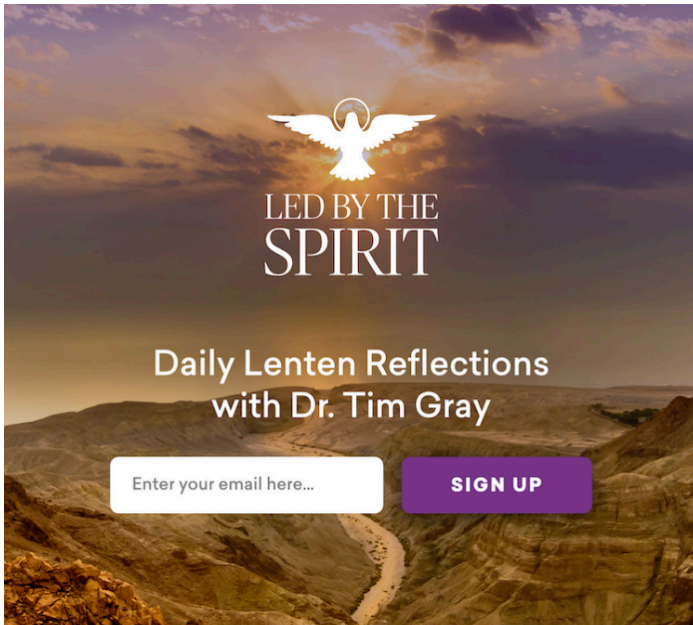
As all Senators will participate in the vote on amendments to Bill C-7, we need to reach out to as many Senators as possible. Please phone at least two Senators from your province.

1. Take a minute to click on a Senator's name to bring up his or her contact information.
2. Phone the Senator and thank him or her for their service to Canada.
3. Then, take a moment to express your concerns about the Government's expansion of euthanasia that would allow for Same-Day Death, removal of the need for consent at the moment, and the removal of the need for two independent witnesses, and the need for conscience protection for Catholic and other healthcare providers and institutions.

Please do what you can. Reach out to the Senators and let them know you stand for life, for adequate, compassionate and life-affirming palliative care.

# GET READY FOR LENT!

## UPCOMING SERIES



### 40 Days to Grace and Glory

This Lent, we invite you to journey with Dr. Tim Gray by signing up for Daily Lenten Reflections. Each day you will receive in your inbox a short video which features Dr. Gray commenting on the daily Mass readings, explaining the Scriptures, and providing you with concrete ideas on how to apply them to your life.

## HOW TO ACCESS FOR FREE



### Get Free Access to FORMED; The Faithful Alternative

FORMED is a revolutionary online platform that provides access to the best Catholic audio talks, movies, e-books, and video-based studies. To register for your free account:

1. Go to [formed.org/signup](https://formed.org/signup)
2. Select your parish
3. Register with your name and email address



For Middle School Students (Gr. 6-8)

**Schedule and Time Slot:** Every 1st and 3rd Saturday of the month, 4:30 PM - 6 PM

**Next Edge Night:** Saturday, February 20th, 2021

Edge is a middle-school ministry program that aims to offer a safe and fun environment where you can learn more about your faith. If your child is interested in joining, please register using the updated 2021 link found on the parish website at [www.mercifulredeemer.org/youth-ministry](http://www.mercifulredeemer.org/youth-ministry). Once you register your child with the link provided, you will automatically be sent the Zoom link before every Edge night.



For High School Students (Gr. 9-12)

**Schedule and time Slot:** Every 2nd and 4th Saturday of the month, 4:30pm-6 PM

**Next Life Night:** Saturday, February 13th, 2021

Thanks to all those who participated in our Made Known Recharge event. Our regular Life nights will resume once again next weekend.

Lifeteen is a high-school youth ministry that strives to lead teens closer to Christ by strengthening our teens' Catholic identity, while also rooting them firmly in Christ and in His Church. If you are interested in joining the program in our parish, please register your child using the updated 2021 link found on the parish website at [www.mercifulredeemer.org/youth-ministry](http://www.mercifulredeemer.org/youth-ministry)

# CALENDAR OF EVENTS

## PARISH EVENTS

### *Communion Service*

The Cardinal has extended the permission for Communion services in lieu of Mass for the duration of the current lockdown.

The Communion service schedule is as follows:

#### **SATURDAY**

5:00 p.m. – 8:50 p.m.  
in 10-minute intervals.

#### **SUNDAY**

10:00 a.m. - 1:50 p.m. and 5:00 p.m. - 7:50 p.m.  
in 10-minute intervals

**NOTE:** Registration is mandatory, will open on a weekly basis (every Sunday at NOON) and will close ONE DAY before Communion service begins. There are only eight spots available per time slot.

Visit [www.mercifulredeemer.org/communion-service](http://www.mercifulredeemer.org/communion-service) for more information and to register for Communion service.

## EVENTS IN THE ARCHDIOCESE

### **Beth and Joe Gray: How a Beautiful Irish Catholic Girl and a Nice Jewish Boy Became One**

**16 February at 7:00 p.m.**

#### **Online Event**

Beth (the beautiful Irish Catholic girl) and Joe (the nice Jewish boy) return to AHC to share what they've learned in their more than 50-year journey towards unity in marriage. Joe was raised in a conservative Jewish home in New Jersey and he came to faith in Messiah and was baptized in the early 1970s. As a cradle Catholic, Beth consistently loved her faith and her Church. Through anecdotes about life and ministry – and with references to Scripture – Beth and Joe will explain the challenges and successes of blending two cultures and lives into one beautiful testimony of faith and truth. This is the story of Christ's love and faithfulness in His Church. **No registration is required, but email AHC Toronto for Zoom link at: [ahctoronto@gmail.com](mailto:ahctoronto@gmail.com).**

### **Development and Peace's Annual Lenten Campaign Workshop: Share Love**

**13 February at 10:00 a.m.**

#### **Online Event**

Drawing on themes from Fratelli Tutti, we hope to inspire Toronto parishioners with "a dream of renewed encounter, dialogue, justice and peace." We will share a brief overview of the numerous engagement activities offered by Development and Peace to enrich your Lenten journey. **Register at <http://bit.ly/ShareLentTO>**

### **St. Thérèse of Lisieux Spiritual Life Series**

**22 February, 8 March, 22 March, 12 April, 26 April at 7:00 p.m.**

#### **Online Event**

All are welcome to join a new spiritual life series based on the book *The Story of a Soul* by St. Thérèse of Lisieux. The new series will begin on Monday, February 22 and will be presented in several bi-weekly segments by Fr. Peter Turrone, pastor of the Newman Centre. There will be time for group discussion. Participants will need to purchase the Study Edition of *Story of a Soul* by Fr. Mark Foley for the class.

**Register:** <https://thestoryofasoul.eventbrite.ca/>

**Contact:** [lenita.lopes@newmantoronto.com](mailto:lenita.lopes@newmantoronto.com)

**Website:** [www.newmantoronto.com](http://www.newmantoronto.com)

### **Extending Our Embrace**

**24 February at 1:00 p.m.**

#### **Online Event**

The United Nations World Interfaith Harmony Week initiative seeks to bring people together to increase respect and understanding among peoples of all faiths and beliefs. The past year has been very challenging for all of us. Yet in spite of the need for social distancing, there are many unsung heroes among our faith communities who have found ways of extending their embrace and compassion to the wider world. Now more than ever we need to broaden our embrace, especially to those who are suffering.

Extending Our Embrace is a virtual event that features stories of people whose faith motivated them to extend their embrace. The stories will be interspersed with poems, music, dance, art and reflections from diverse faith traditions.

**Register:** <http://bit.ly/ExtendingOurEmbrace>

# Meet the Messengers: Jeremiah, Prophet of Hope

*This is the third part of a series where Thomas Smith takes a closer look at six prophets from the Old Testament, God's messengers. Be sure to check the bulletin for the next four weeks to catch the rest of the series!*

If there was ever a man that would have every reason to be without hope it would be the prophet Jeremiah. He's called "the weeping prophet" for a reason.

## A Prophet of Hope

Called by God when just a teenager (Jeremiah 1:5-7), our prophet was roundly rejected and maligned by his own people, forsaken by his family, and even forbidden from marrying (Jeremiah 16:1-2). He would remain in Jerusalem to the bitter end, witnessing the fiery destruction of the Temple and the public slaughter of the Davidic line. He earned the right to write Lamentations.

And yet, in spite of all of this, he remains for me a prophet of hopefulness. Jeremiah understood that hope has little to do with external circumstances and everything to do with God, the true hope of Israel (Jeremiah 14:8).

At his darkest hour, as Babylon surrounded his starving city, and while imprisoned by his fellow Jews, Jeremiah did something amazing. He bought a tract of land from his cousin in Anathoth, a parcel already conquered and leveled by the Babylonian armies.

In modern parlance, he put his money where his mouth was. He had already promised the people that after a seventy-year exile for their sins, they would return to the land again, settling their ancestral cities. Now his actions made his prophecies sure.

To the gathered witnesses, he placed the signed deed before the people and sealed it in an earthenware jar as a kind of time capsule, declaring, "houses and fields and vineyards shall again be bought in this land" (Jeremiah 32:15). While the cities' walls were being breached, he surrounded the little remnant of Jews with a fortress of hope. Even in his Lamentations, he could say:

"But this I call to mind, and therefore I have hope: the steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness. The Lord is my portion, says

my soul, therefore I will hope in him." - Lamentations 3:21-23

Speaking through his prophet, the Lord declared:

"For I know the plans I have for you, says the LORD, plans for welfare and not for evil, to give you a future and a hope." - Jeremiah 29:11

## Imitating Jeremiah

When we look around our world today, it sometimes seems there is little reason to hope. And yet, difficult times are the very moments we must "lean into" the virtue of hope, given to each of us at baptism.

Echoing the Lord's promise to Jeremiah, Pope Emeritus Benedict said:

"Here too we see as a distinguishing mark of Christians the fact that they have a future: it is not that they know the details of what awaits them, but they know in general terms that their life will not end in emptiness. Only when the future is certain as a positive reality does it become possible to live the present as well." - Spes Salvi, 2

Finally, this hope isn't for our own consolation and strength. It is meant to be shared! Like Jeremiah we must proclaim this living hope in our word and deeds! I love how St. Peter puts it:

"Always be prepared to make a defense to any one who calls you to account for the hope that is in you, yet do it with gentleness and reverence." - 1 Peter 3:15

What are some of the concrete ways you can be a herald of hope to those around you?

Article CF: <https://medja.ascensionpress.com/2020/01/17/meet-messengers-jeremiah/>