



2775 Erin Centre Boulevard
Mississauga, ON L5M 5W2
Phone: (905) 812 0030
Fax: (905) 812 0011
mercifulredeemermi.archtoronto.org

OFFICE HOURS

Monday - Friday
10:00 AM - 2:00 PM

Saturday
10:00 AM - 3:00 PM

CHURCH HOURS

Monday - Friday
10:00 AM - 8:00 PM

Saturday - Sunday
8:00 AM - 8:00 PM

MASS TIMES

Monday 12:15 PM
Tuesday 7:00 PM
Wednesday 12:15 PM
Thursday 7:00 PM
Friday 12:15 PM & 7:00 PM*

*First Fridays of the month only

Saturday 9:00 AM
5:00 PM (Vigil Mass)
7:00 PM (Vigil Mass)
Sunday 8:30 AM, 10:00 AM,
12:00 PM & 7:00 PM

ADORATION CHAPEL

Monday - Saturday
10:00 PM - 8:00 PM

Sunday 1:00 PM - 8:00 PM

FOLLOW US ON SOCIAL MEDIA

@MercifulRedeemerParish
 @RedeemerParish
 @RedeemerParish
 @mryouthministry
 @forged.jpg
 @forgedministry
 @mrcssvp

PARISH TEAM

Msgr Robert Nusca, Pastor
msgnуска@mercifulredeemer.org

Fr Suresh Xavier, Associate Pastor
associate2@mercifulredeemer.org

Fr Abraham Lukose, Associate Pastor
associate@mercifulredeemer.org

Patricia Pereira, Office Manager
office@mercifulredeemer.org

Elizabeth Nogueira, Daytime Secretary
Flavia Fernandes, Evening Secretary
secretary@mercifulredeemer.org

Danielle Lape, Youth Ministry
mercifulredeemerym@gmail.com

Jane Scamurra, Lay Pastoral Associate
jane@mercifulredeemer.org

Kielon Gerra, Communications Coordinator
communications@mercifulredeemer.org

PARISH SCHOOLS

St. Aloysius Gonzaga 2800 Erin Centre Blvd. | (905) 820 3900

Divine Mercy 2840 Duncairn Dr. | (905) 812 5445

Our Lady of Mercy 5820 Glen Erin Dr. | (905) 814 9216

St. Rose of Lima School 4590 The Gallops | (905) 828 4076

St. Sebastian School 3460 Aquinas Ave. | (905) 607 0107

PARISH COMMUNITY

Charismatic Prayer Group Mondays, 7:00 - 8:00 PM

St. JP II Theology of the Body Prayer Group Mondays 9:00 - 10:00 PM, via Zoom, tob@bell.net

Knights of Columbus Michael Fonseca, fs@saintfaustina.ca

Men's Fraternity Saturdays, 8:00-10:00 AM, via Zoom

Merciful Moms Tuesdays, 8:30-9:30 PM, via Zoom,
jane@mercifulredeemer.org

Youth Ministry <https://mercifulredeemermi.archtoronto.org/en/parish-life/our-ministries/outreach/youth-ministry/>

Forged Young Adult Ministry www.forgedministry.com

Society of St. Vincent de Paul www.mrcssvp.ca

Catholic Cemeteries & Funeral Services www.catholic-cemeteries.com

Bible Study Group Wednesdays, 7:30-9:00 PM

CONFESSION TIMES

Tuesday 6:00 - 7:00 PM

Saturday 4:00 PM - 5:00 PM

TODAY'S MASS READINGS

First Reading: Isaiah 35:4-7a

Second Reading: James 2:1-5

Gospel: Mark 7:31-37

WEEKLY MASS INTENTIONS

Monday, September 6, 12:15 PM

+ Zenobio Luis, + Cyprian D'Souza
+ Paul Rogina

Tuesday, September 7, 7:00 PM

+ Elizabeth Lina Martis, + Regina Fernandes
+ Olimpio Macabali, + Remedios Bayato

Wednesday, September 8, 12:15 PM

+ Deceased Members of Luk & Chui Families
+ Virginia Savellano, + Roland Lee

Thursday, September 9, 7:00 PM

+ Anthony San Francisco
+ Annette Fraschini
+ Remedios Bayato

Friday, September 10, 12:15 PM

+ Tony Cacciaccaro
+ Domingo Lim Garcia
+ Joseph Noronha

Saturday, September 11, 9:00 AM

+ William & Carrie Breeds, + Mariela Sepulveda,
+ Maria & Salvadore Pace, + Anne Silveira,
+ Eugene & Catherine Camilleri, + Lawrence &
Manuela Busutil, + Vincenza & Georgia,
Thanksgiving by Melea Perez
Special Intention for Domenica Iavicoli

Saturday, September 11, 5:00 PM

+ Collin D'Mello
+ Nicola Alessandria
Thanksgiving by Wayne Ferrao

Saturday, September 11, 7:00 PM

+ Sylvia Dsouza
+ Domingo Lim Garcia
Thanksgiving by Nogueira Family

Sunday, September 12, 8:30 AM

+ Nicholas D'Souza, + Claudia D'Souza
+ Paul David Ornelas, + Remedios Bayato
+ Czeslaw Piotrowski

Sunday, September 12, 10:00 AM

For all parishioners

Sunday, September 12, 12:00 PM

+ Victor Arevalo, + Thanksgiving for Rommel Arevalo
+ Thanksgiving by Minirva & Orlando Nailog

Sunday, September 12, 7:00 PM

+ Thelma Dalgado
Thanksgiving for Aaron George

SUNDAY REFLECTION

*"And immediately his ears
were opened, his tongue was
released, and he spoke plainly."*

In this reading, Jesus gives a man who cannot hear or speak the ability to do so. Jesus takes a man who at this point in time is often cast out of society for being "different" or "unable" and sees the value in him despite social stigmas, understanding that he too is created in God's image. After Jesus allows the man to be "opened," those who witnessed the results are amazed and spread the news.

I find some comfort in this reading. I am reminded of Jesus's power and desire to help those who seek him—even those who feel that they are incurable. For me personally, it is easy to feel like I'm not doing enough to deepen my faith. I could definitely make the effort to spend more time with God, to trust in His plan, and to deliberately seek His counsel, but this is easier said than done.

When I feel like I need to open my ears to God and speak of His goodness, I often go to visible spaces to try to rekindle my faith, like going to Mass, or by leaning on other people for support. While groups and communities can certainly help me find a sense of peace, this reading challenges me and suggests that sometimes what is really needed is time alone with God.

For instance, in this particular reading, Jesus took the man away from the crowd and into a more private space to work the miracles. I say "work" miracles instead of the commonly used "perform" miracles because Jesus didn't need an audience. This makes me think that I too can "be opened" by God by spending time alone with Him without the presence of an "audience." We all can benefit from forming a personal relationship with Christ away from the crowds. This reading is commissioning us to change for Christ by allowing ourselves to be opened in the privacy of our own soul.

Article CF: <https://thetorchproject.com/the-healing-of-a-deaf-man-meditating-on-mark-7-31-37/>

ANNOUNCEMENTS

Next Week's Readings

First Reading: Isaiah 50:5-9a
Second Reading: James 2:14-18
Gospel: Mark 8:27-35

Our Lady of Good Health Novena and Mass

On Wednesday, 8 September at 7:00 p.m., Merciful Redeemer Parish will celebrate a special Mass to honour our Lady of Good Health. The Rosary will be recited at 6:30 p.m. before Mass begins.

Leading up to this special Mass, you are invited to join us for the novena followed by Holy Mass starting on Monday, 30 August until Tuesday, 7 September at 6:30 p.m.

May our Blessed Mother intercede for our family members and all our infirmed loved ones.

Merciful Redeemer Children's Choir

We are so excited to announce the beginning of a CHILDREN'S CHOIR!

If you are a child (ages 7-12) and would like to make some "joyful noise", then this choir is for you! The children's choir will be singing for the 10:00 AM mass on Sunday Mornings.

If you have a child who would like to participate, please email jane@mercifulredeemer.org with their name and information. We will be in touch shortly with more details as we get this ministry off the ground!

RCIA - Rite of Christian Initiation of Adults

If you are interested in faith and God and want to learn a little bit more about becoming Catholic, then don't hesitate to contact jane@mercifulredeemer.org! The RCIA is a group of adults that gather once a week to learn about the Catholic faith and receive the Sacraments at Easter. These are unprecedented times, but perhaps all the more reason to make this a priority!

The RCIA process begins **Thursday, 7 October**. If COVID restrictions permit for us to do so, we will be gathering in person (socially distanced) from 7:00 p.m. - 9:00 p.m.

TEMPORARY CHANGE TO MASS SCHEDULE

Beginning Monday 30 August until Wednesday 8 September there will be two Masses every weekday from Monday - Friday at 12:15 p.m. and 7:00 p.m. along with the novena at 6:30 p.m.

Registration through Eventbrite is still only mandatory for Weekend Masses.

Bundle up for the Society of Saint Vincent de Paul

We are collecting donations at Merciful Redeemer Parish from 18 - 19 September!

We DO NOT accept appliances, baby or regular furniture, books, mattresses, dishes, construction material or video tapes.

For more information, please visit www.ssvptoronto.ca

Altar Servers

If your child is in grade 3 - 8 and is interested in being an altar server, please email Vicky at vicaltarserver.mrp2021@gmail.com and make note of the points below:

1. Fill out the altar server registration form located on the parish website:
<https://mercifulredeemermi.archtoronto.org/en/parish-life/our-ministries/liturgical/altar-servers/>
2. There will be a meeting at the church for all altar servers and their parents on Monday, 13 September from 7:00 p.m. - 8:00 p.m.

Living the Gospel by Supporting Young Parents September 5, 2021

Thanks to generous donors like you, ShareLife agencies helped 150,000 people locally last year. They includes 1,900 young pregnant and parenting women and their babies. These women take parenting classes, receive diapers and healthy food, and get one-on-one support as they complete their high school education.

We encourage you to support this work by making a gift to ShareLife via the parish website [if applicable] or at sharelife.org.

October 3 is the next ShareLife Sunday. Please give generously.



OUR
MISSION
IS TO

LOVE, WALK WITH &
EMPOWER THE YOUTH
OF OUR COMMUNITY

TO BE
JOYFUL
& FEARLESS

DISCIPLES
OF JESUS
CHRIST

MERCIFUL REDEEMER YOUTH MINISTRY

mercifulredeemermi.archtoronto.org/en/parish-life/our-ministries/outreach/youth-ministry/



@mryouthministry • mercifulredeemerym@gmail.com



For High School Students (Gr. 9-12)

Every 2nd and 4th Saturday of the month, 4:30-6 PM

We will be taking a short break for the summer.

Lifeteen is a high-school youth ministry that strives to lead teens closer to Christ by strengthening our teens' Catholic identity, while also rooting them firmly in Christ and in His Church. If you are interested in joining the program in our parish, please register your child using the link found on the parish website. Once you register your child with the link provided, you will automatically be sent the Zoom link before every Life night.

**"You are a thought of
God, you are a heart-beat
of God. To say this is like
saying that you have a
value which in a sense is
infinite, that you matter
to God in your completely
unique individuality."**

- St John Paul II



For Middle School Students (Gr. 6-8)

Every 1st and 3rd Saturday of the month, 4:30-6 PM

We will be taking a short break for the summer.

Edge is a middle-school ministry program that aims to offer a safe and fun environment where you can learn more about your faith. If interested, please register using the link found on the parish website. Once you register your child with the link provided, you will automatically be sent the Zoom link before every Edge night.

DOWNLOAD OUR PARISH APP!

Visit myparishapp.com

- 1) Download **myParish App**
- 2) Enable the location setting on your device
- 3) Select our parish after opening



St. Mother Teresa and Spiritual Desolation

When I read *Come Be My Light: The Private Writings of the Saint of Calcutta* I had to stop right around chapter 8. I knew St. Mother Teresa had experienced a time of spiritual desolation but reading her own words about it was hard. I didn't want to go there. I didn't want to consider what that was like for her. I'd only just recently learned about spiritual consolation and desolation and was enjoying my time in consolation. Mine was a fragile soul, still is, and not hale and hearty enough to enter into that sort of contemplation. So, I put the book down.

Spiritual desolation in the Ignatian sense is a period of unrest and disquiet. It is a time of unsettlement when God feels far away. The soul in desolation struggles to pray and wonders why it even should pray. In desolation we may feel as if we are in a dark corridor of uncertainty. We question. We feel alone, maybe abandoned and rejected. We don't know what to do or where to go.

Feelings of Abandonment

Mother Teresa experienced her darkness for a decade. It was a shock to the Catholic world when, after her death, it was revealed that she struggled so. From the exterior she appeared peaceful and saintly while interiorly she described "untold darkness" and a "continual longing for God" to her spiritual director Fr. Joseph Neuner. "The place of God in my soul is blank. There is no God in me" she wrote to him.

This is an alarming thing to consider. Here was a woman who became a saint who I remember. I remember learning about her, seeing her in the mainstream media, knowing that she was truly a special person with a special relationship with God. If she could experience such a separation from God, if even she could feel abandoned, what hope did I have? The possibility of spiritual desolation loomed. I won't say I worried about it but I very much hoped the Lord would spare me that suffering.

Mother Teresa wrote about her feelings of tenderness for Jesus being lost. She wondered what exactly she was leading others to because she couldn't see it any longer. She had no words. She could only say "My God" in her prayer. Lesser souls would have given up. She did not. She continued in her desire to love God and she shared these thoughts with Fr. Neuner. I cannot imagine how hard that must have been to admit.

Continuing to Serve

Fr. Neuner had a pragmatic response: desolation happens and there is no way for a human to fix it. He posited that the one suffering has to remember that God is in fact still present. He just feels as if he isn't. He wrote, "The sure sign of God's hidden presence in this darkness is the thirst for God...no one can long for God unless God is present in his/her heart." The only way to respond is to surrender oneself to God and "accept the darkness in union with Jesus."

With Fr. Neuner's guidance, Mother Teresa began to see the darkness as the spiritual side of her work and a way for her to share in Jesus' redemptive suffering. She saw it as a way to experience a share of the pain in the people she served who felt unwanted, rejected, or without faith. Because of her great faith, Mother Teresa was able to continue doing the work God asked her to do, the work she promised him she would do. She continued to serve India's poor and sick and she continued to work with the younger sisters in the Missionaries of Charity.

Desolation in These Times

I'm not versed in hagiology (the study of the lives of the saints) so I can't say with any authority how many saints have experienced such a state as Mother Teresa, but I do know that we all experience times of desolation and sorrow. We all experience dryness in prayer when God feels far away, and we struggle. In talking with friends, I hear that this COVID-19/quarantine/big pause situation has caused feelings of desolation and sorrow for many. Our routines were disrupted, we were thrust into a wide world of constant uncertainty, we were isolated from each other which is super unhealthy for the humans, and we were unable to receive our Lord in the sacrament of Communion.

Many of us are tired: physically, emotionally, and spiritually. Many of us have become turned in on ourselves. We are sliding down a tornado slide of negativity. We are cut off from our community. We feel a lack of control and I'll bet we are beginning to stop caring. We wonder where God is in all of this. We are told that he is here. He is present, but it doesn't feel that way. It feels like the world is whirling out of control. I've even wondered if it's the beginning of the end.

Wisdom from St. Thomas Aquinas

This is desolation and sorrow. Mother Teresa, pray for us. I was lamenting to a dear friend and she shared some wisdom from St. Thomas Aquinas. He suggests five remedies for sorrow. I have tried them. This is good advice. Take it if you're struggling. I'm serious.

St. Thomas Aquinas' remedies for 2020:

Grant yourself something good in moderation. We've all heard the jokes about the "COVID-19" we've gained since coming home and living a life of sloth. This remedy does not give us license to overindulge but it does give us permission to treat ourselves kindly if we are sad.

Weep. According to Msgr. Charles Pope, "tears are the soul's way to exhale sorrow." When we cry, we release the sadness. It is draining and ugly, but we feel better after a good sob.

Share with a friend. It was in doing just this that I learned about these remedies. Msgr. Pope reminds us that we need the perspective of others. It is dangerous to turn in on yourself.

Contemplate the truth. Again from Msgr. Pope, in contemplating the truth "we are reminded of our final glory and happiness if we persevere. Hence, we are given perspective." A little perspective goes a long way.

If all else fails, take a bath or a nap. Amen and alleluia! These are words that affirm that it's OK to escape a little. From the good monsignor: "We are not simply soul, we are also body. Sometimes if the soul is vexed, caring for the body will bring soothing help, even to the soul." Our small brains can only take so much input and if a warm soak, a lovely book, or an afternoon nap helps, do it.

This further illustrates the brilliance and beauty of not only our Catholic faith but our Father. God knows. He knows we will encounter all kinds of trouble in this broken world and he gave us saints like Mother Teresa and Thomas Aquinas to guide us. They walked before us and left us with pearls of great wisdom. If you are in desolation or experiencing sorrow, offer God your suffering and ask to be united to Jesus. Remember that God is still there even if you can't hear him. Believe that he is and go take a nap. While you drift off to sleep, think about why we are all here: to get to heaven where we will live in eternal joy and happiness with God.

Article CF: <https://media.ascensionpress.com/2020/09/04/st-mother-teresa-and-spiritual-desolation/>

Psalm 143 - A Psalm of David

Prayer for Deliverance from Enemies

Hear my prayer, O Lord;
give ear to my supplications in your
faithfulness;
answer me in your righteousness.
Do not enter into judgment with your servant,
for no one living is righteous before you.

For the enemy has pursued me,
crushing my life to the ground,
making me sit in darkness like those long
dead.

Therefore my spirit faints within me;
my heart within me is appalled.

I remember the days of old,
I think about all your deeds,
I meditate on the works of your hands.
I stretch out my hands to you;
my soul thirsts for you like a parched land.
Selah

Answer me quickly, O Lord;
my spirit fails.
Do not hide your face from me,
or I shall be like those who go down to the
Pit.
Let me hear of your steadfast love in the
morning,
for in you I put my trust.
Teach me the way I should go,
for to you I lift up my soul.

Save me, O Lord, from my enemies;
I have fled to you for refuge.
Teach me to do your will,
for you are my God.
Let your good spirit lead me
on a level path.

For your name's sake, O Lord, preserve my life.
In your righteousness bring me out of
trouble.
In your steadfast love cut off my enemies,
and destroy all my adversaries,
for I am your servant.



CALENDAR OF EVENTS

EVENTS IN THE ARCHDIOCESE

Worldwide Marriage Encounter Experience

22-24 October, 2021

Virtual

Discover the possibilities of a marriage lived as God intends it! Live your best life in love! Restore your loving communication with your spouse and rekindle the romance. The Marriage Encounter experience is a skill-building enrichment program where you, as husband and wife, learn how to be the best couple you can be; a special weekend to spend in ways that normal, daily living tends to inhibit. No group discussion. Based on Catholic values but open to couples of all faiths. Rediscover the love in your relationship!

Contact: Marge & Gerard McCauley at gerard.marge@rogers.com or (905) 792-1925

Website: wwme.org

Online Blue Table Webinar 4: Ethics and Ecology

22 September, 2021 from 8:00 a.m. - 9:00 a.m.

Online

The Globethics.net Academy (a consortium of diverse international ecumenical and educational organizations) is launching the Blue Table Webinar Series. This series offers a distinctive opportunity to engage with ethical issues applied to a variety of subjects and contexts. Webinars will be held on every fourth Wednesday of the month from September into November 2021. On Wednesday, September 22, they will explore: "Ethics and Ecology."

Register: <https://bit.ly/EthicsAndEcology>

25th International Marian Mariological Congress

8 September, 2021 - 11 September, 2021

Online

The Pontifical Academia Mariana Internationalis (PAMI) of the Holy See is dedicated to fostering the study of Mariology in view of promoting devotion to Our Blessed Mother. PAMI is holding its 25th congress from September 8-11. The theme of the congress is, "Mary between Theologies and Cultures Today: Models, Communications, Perspectives."

Register: <https://bit.ly/MarMariologicalCongress>

Receptive Ecumenism: The Role of the Spirit in New Ecumenical Endeavours

17 September, 2021 from 10:00 a.m. - 11:00 a.m.

Online

How can we understand the promotion of unity among today's divided Christians? Amid the apparent stalling progress of ecumenism, is there a future for a full, visible communion? Receptive ecumenism provides a way forward, allowing churches to receive the gifts of the Holy Spirit from one another in this present stage of unity.

Dr. Paul Murray of the Centre for Catholic Studies at Durham University, in England, will lead an online conversation on the significance of receptive ecumenism, its foundations and the unique opportunity it presents for new ecumenical endeavors. The focus of this conversation will be on the relationship between receptive ecclesial learning and the work of the Spirit within this process, with attention given of the relationship between Catholics and those from the Evangelical and Pentecostal streams of Christianity. Sponsored by the Glenmary Home Missioners.

Register: <https://bit.ly/ReceptiveEcumenism>

Come to St. Joseph

17 September, 2021 at 7:00 p.m. - 19 September, 2021 at 1:00 p.m.

**Manresa Jesuit Spiritual Renewal Centre
2325 Liverpool Rd., Pickering**

A silent Ignatian weekend retreat for men and women. Come to St. Joseph; come and get to know the one chosen to care for and form God's Son for human life. Come to know the one chosen to care for you. Facilitated by Fr. Robert Foliot, SJ. A suggested offering of \$235 per person. Includes two nights' accommodation, meals, program and spiritual direction.

Register: www.manresa-canada.ca

Contact: registration@manresa.ca

Phone: 905-839-2864