



2775 Erin Centre Boulevard
Mississauga, ON L5M 5W2
Phone: (905) 812 0030
Fax: (905) 812 0011
mercifulredeemermi.archtoronto.org

OFFICE HOURS

Monday - Friday
10:00 AM - 2:00 PM

Saturday
10:00 AM - 3:00 PM

CHURCH HOURS

Monday - Friday
10:00 AM - 8:00 PM

Saturday - Sunday
8:00 AM - 8:00 PM

MASS TIMES

Monday 12:15 PM

Tuesday 7:00 PM

Wednesday 12:15 PM

Thursday 7:00 PM

Friday 12:15 PM & 7:00 PM*

*First Fridays of the month only

Saturday 9:00 AM

5:00 PM (Vigil Mass)

7:00 PM (Vigil Mass)

Sunday 8:30 AM, 10:00 AM,

12:00 PM & 7:00 PM

ADORATION CHAPEL

Monday - Saturday
10:00 a.m. - 8:00 p.m.

Sunday CLOSED

FOLLOW US ON SOCIAL MEDIA

@MercifulRedeemerParish

@RedeemerParish

@RedeemerParish

@mryouthministry

@forged.jpg

@forgedministry

@mrcssvp

PARISH TEAM

Fr Suresh Xavier, Administrator
associate2@mercifulredeemer.org

Fr Abraham Lukose, Associate Pastor
associate@mercifulredeemer.org

Patricia Pereira, Office Manager
office@mercifulredeemer.org

Elizabeth Nogueira, Daytime Secretary
Flavia Fernandes, Evening Secretary
secretary@mercifulredeemer.org

Danielle Lape, Youth Ministry
mercifulredeemerym@gmail.com

Jane Scamurra, Lay Pastoral Associate
jane@mercifulredeemer.org

Kielon Gerra, Communications Coordinator
communications@mercifulredeemer.org

PARISH SCHOOLS

St. Aloysius Gonzaga 2800 Erin Centre Blvd. | (905) 820 3900

Divine Mercy 2840 Duncairn Dr. | (905) 812 5445

Our Lady of Mercy 5820 Glen Erin Dr. | (905) 814 9216

St. Rose of Lima School 4590 The Gallops | (905) 828 4076

St. Sebastian School 3460 Aquinas Ave. | (905) 607 0107

PARISH COMMUNITY

Charismatic Prayer Group Mondays, 7:00 - 8:00 PM

St. JP II Theology of the Body Prayer Group Wednesdays, 9:00 - 10:00 PM, via Zoom, tob@bell.net

Knights of Columbus Michael Fonseca, gk16254@ontariokofc.ca

Men's Fraternity Saturdays, 8:00-10:00 AM, via Zoom

Merciful Moms Tuesdays, 8:30-9:30 PM, via Zoom,
jane@mercifulredeemer.org

Youth Ministry <https://mercifulredeemermi.archtoronto.org/en/parish-life/our-ministries/outreach/youth-ministry/>

Forged Young Adult Ministry www.forgedministry.com

Society of St. Vincent de Paul www.mrcssvp.ca

Catholic Cemeteries & Funeral Services www.catholic-cemeteries.com

Bible Study Group Wednesdays, 7:30-9:00 PM

CONFESSION TIMES

Tuesday 6:00 - 7:00 PM

Saturday 4:00 PM - 5:00 PM

TODAY'S MASS READINGS

First Reading: Joshua 24:1-2a, 15-17, 18b

Second Reading: Ephesians 5:21-32 or 5:2a, 25-32

Gospel: John 6:60-69

WEEKLY MASS INTENTIONS

Monday, August 23, 12:15 PM

+ Joana Mendonca

Thanksgiving by Rosie Uy

Thanksgiving by Rex & Selvi Vanderkoen

Tuesday, August 24, 7:00 PM

+ Eliza Rodrigues, + Saverio Guerra

Special Intention for Bartolome Maputi

Wednesday, August 25, 12:15 PM

+ Raymond Henry Travas, + Belen Agregado

+ Shee Fong Lyn

Thursday, August 26, 7:00 PM

+ Margaret Reeves, + Philomina Vannitamby

+ Rabi Rabindran

Friday, August 27, 12:15 PM

+ Tita Rebello, + Szeto Sang

Special Intention for Orving Family

Saturday, August 28, 9:00 AM

+ Rolando Orilla, + Jose Eguaras

+ Virginia & Andrea Taddeo

+ Mariela Sepulveda

+ Emiliana Lobo

+ Leela Edward

+ Yorrick De Souza

+ Domingo Lim Garcia

Special Intention for Mitchell Family

Thanksgiving by Mohan Joseph & Family

Thanksgiving for baby Abigail Rebello

Saturday, August 28, 5:00 PM

+ Francisco & Carolina Silveira, + Dominick Orgera

+ Albino Collantes

Saturday, August 28, 7:00 PM

+ Sylvia Dsouza, + Elroy Vaz

Thanksgiving by Furtado & Fernandes Family

Sunday, August 29, 8:30 AM

+ Mary D'Sa

Sunday, August 29, 10:00 AM

For all parishioners

Sunday, August 29, 12:00 PM

+ Socorro Carvalho, + Scholastica & Matthew Menezes

Special Intention for Glen & Marian Shaw

Sunday, August 29, 7:00 PM

+ Georges Haddad

+ Calixtus Dias

+ Dona Maria

SUNDAY REFLECTION

During the past few Sundays, we have listened to Jesus speak of himself as the living bread come down from heaven. He has made it abundantly clear that we must eat his flesh and drink his blood, or we will not have life within us.

Today we have heard the disciples respond to all that Jesus has said. Some find his words hard to believe and walk away from him. With a note of sadness, Jesus asks the Twelve: "Do you also want to leave?" We heard Peter speak for himself and the Twelve:

*"Lord, to whom can we go?
You have the words of eternal
life. We have come to believe
and know that you are the
Holy One of God."*

What a profound act of faith! Peter responds from his experience of God in Jesus, as Joshua had done before him. It may have been difficult to understand what Jesus was saying to them, but Peter and the Twelve were convinced by what they had seen and heard that Jesus was the Holy One of God. They would put their faith and trust in him, knowing that they would eventually come to a better understanding of all that Jesus was telling them.

Like the Israelites of old, they chose to serve the Lord who is our God. They have seen all that God has done in the person of Jesus. They put themselves at the service of Jesus.

Jesus continues to ask his question. You and I have opportunities to respond. Each of us has experienced difficult moments in life that make Jesus' words hard to accept. Jesus repeats his question: "Do you also want to leave?" Just staying here because that is where I am does not answer Jesus' question. I can be here and not be open to Jesus' words of everlasting life for me. I can be here and not accept the graces offered to me to draw me closer to Jesus.

Are we, willing to respond whole-heartedly to Jesus? Let us ask for the grace to respond with open heart to the present moment to all that Jesus wants to do in us and through us to one another. Let us make our Oblate response with sincere faith and trust: "Live, Jesus, whom I love! Live in me today!"

Gospel Reflection CF: <https://oblates.squarespace.com/sundays-salesian-feed/twentieth-sunday-in-ordinary-time-august-15-2021>

ANNOUNCEMENTS

Next Week's Readings

First Reading: Deuteronomy 4:1-2, 6-8

Second Reading: James 1:17-18, 21b-22, 27

Gospel: Mark 7:1-8, 14-15, 21-23

Altar Servers

If your child is in grade 3 - 8 and is interested in being an altar server, please email Vicky at vicaltarserver.mrp2021@gmail.com and make note of the points below:

1. Fill out the altar server registration form located on the parish website:

<https://mercifulredeemer.mrchtoronto.org/en/parish-life/our-ministries/liturgical/altar-servers/>

2. There will be a meeting at the church for all altar servers and their parents on Monday, 13 September from 7:00 p.m. - 8:00 p.m.

Our Lady of Good Health Novena and Mass

On Wednesday, 8 September at 7:00 p.m., Merciful Redeemer Parish will celebrate a special Mass to honour our Lady of Good Health.

Leading up to this special Mass, you are invited to join us for the novena followed by Holy Mass starting on Monday, 30 August until Tuesday, 7 September at 6:30 p.m.

May our Blessed Mother intercede for our family members and all our infirmed loved ones.

RCIA - Rite of Christian Initiation of Adults

If you are interested in faith and God and want to learn a little bit more about becoming Catholic, then don't hesitate to contact jane@mercifulredeemer.org! The RCIA is a group of adults that gather once a week to learn about the Catholic faith and receive the Sacraments at Easter. These are unprecedented times, but perhaps all the more reason to make this a priority!

The RCIA process begins **Thursday, 7 October**. If COVID restrictions permit for us to do so, we will be gathering in person (socially distanced) from 7:00 p.m. - 9:00 p.m.

Catholic Leadership Camp

30 August, 2021 - 3 September, 2021

Olympia Sports Camp

Near Huntsville, Ont.

Do you feel called to make a difference in the world?
Do you want to put your Catholic faith into action?

Join Olympia Sports Camp and Development and Peace for their 12th summer of the Catholic Leadership Camp, an unforgettable week of leadership formation and fun. Bond with like-hearted leaders from across Ontario as you discern how to use your God-given gifts.

For students ages 14 to 18.

Toronto Catholic District School Board students can apply for a grant here: <https://bit.ly/CLCampSignUp>

Cost: \$900 (contact if the cost is prohibitive)

Contact:

Greg from Olympia: greg@olympiasportscamp.com

Emily from D&P: elukasik@devp.org

Video: <https://bit.ly/CLCampVideo>

More info: <https://bit.ly/CLCampLife>

Register: <https://bit.ly/CLCampRegister>

Poster: <https://bit.ly/CLCampPoster>

Merciful Redeemer Children's Choir

**We are so excited to announce the
beginning of a CHILDREN'S CHOIR!**

If you are a child (ages 7-12) and would like to make some "joyful noise", then this choir is for you!

The children's choir will be singing for the 10:00 AM mass on Sunday Mornings.

If you have a child who would like to participate, please email jane@mercifulredeemer.org with their name and information.

We will be in touch shortly with more details as we get this ministry off the ground!



OUR
MISSION
IS TO

LOVE, WALK WITH &
EMPOWER THE YOUTH
OF OUR COMMUNITY

TO BE
JOYFUL
& FEARLESS

DISCIPLES
OF JESUS
CHRIST

MERCIFUL REDEEMER YOUTH MINISTRY

mercifulredeemermi.archtoronto.org/en/parish-life/our-ministries/outreach/youth-ministry/



@mryouthministry • mercifulredeemerym@gmail.com



For High School Students (Gr. 9-12)

Every 2nd and 4th Saturday of the month, 4:30-6 PM

We will be taking a short break for the summer.

Lifeteen is a high-school youth ministry that strives to lead teens closer to Christ by strengthening our teens' Catholic identity, while also rooting them firmly in Christ and in His Church. If you are interested in joining the program in our parish, please register your child using the link found on the parish website. Once you register your child with the link provided, you will automatically be sent the Zoom link before every Life night.



For Middle School Students (Gr. 6-8)

Every 1st and 3rd Saturday of the month, 4:30-6 PM

We will be taking a short break for the summer.

Edge is a middle-school ministry program that aims to offer a safe and fun environment where you can learn more about your faith. If interested, please register using the link found on the parish website. Once you register your child with the link provided, you will automatically be sent the Zoom link before every Edge night.

Save The Date

Summer Opportunities

Merciful Adventures 2021
Started 12 July

We are excited to announce that we will be offering a hybrid-style (in-person and virtual) experience for all youth in Grades 1-12 this summer. It will be a fun and exciting opportunity for the youth to grow in their relationship with Christ. There will be outdoor games, talks, activities, Mass, and so much more.

Registration has been extended for those in Grades 8-12. Spots are limited! Please contact Danielle, the youth minister for more information.



Confession 201: How to Confess Like an Adult

For most of us, instruction in going to confession took place in the second grade, right before First Holy Communion. We were taught how to confess like children and most of us have never received any further instruction. So we still think in terms of “I disobeyed Mommy, I pulled the dog’s tail, and I fought with Jimmy in the schoolyard.”

The problem with our second-grade education is that we don’t know how to make a good confession when we’re not really being naughty. So when we don’t have anything obvious to say, we don’t know what to say, and we wonder if we should even go to confession.

Maybe some of you can relate to my frustration at confessing the same-old-same-old stuff for a number of years and feeling like I’m just not progressing. I figured I must be doing something wrong, so I decided to do some research to learn how to make a grown-up confession.

What I’ve gathered is that, basically, making a good confession when you’re not obviously breaking the Ten Commandments is hard. It takes work. But putting in that work is what propels the soul to the next level of spiritual growth.

Step 1: Change Focus

The first step is to have the right intention. Everything should stem from our relationship with Christ and our desire to grow closer to him. As Fr. Mike Schmitz says in his video “Making a Good Confession”:

“Is God the center of your life? If not, you should confess that first.”

My goal should be to unite more fully with the Blessed Trinity—to grow in grace, which, as we learned in second grade, is “the life of God in our souls.” It is grace, God’s life in us, that makes us holy.

So, do I really want to be holier or do I just want to be nicer? There is a critical difference in motives between the two. The former focuses on God and what God thinks of me, while the latter focuses on me and what people think of me. Holiness focuses on the one eternal relationship; niceness focuses on temporary, earthly relationships.

When my life’s focus is on growing deeply in love with God, then I will see myself and the path I need to take more clearly.

Step 2: Understand the True Meaning of Sin

Having homeschooled six children using the Baltimore Catechism and having drilled them over and over, I have it pretty much memorized. Our second-grade lessons taught us that sin is “any willful thought, word, action, or omission contrary to the will of God.” But Fr. Mike, in his down-to-earth way, defines sin this way:

“God, I know what you want, but I want what I want.”

So if we understand sin as rejecting God, and we are truly seeking to grow in relationship with him (step 1), then we will want what he wants, even in the smallest aspects of our lives.

Step 3: Examine Your Conscience Like a Grown-Up

The good old Baltimore Catechism taught us that the steps to confession are: Find out my sins; be sorry for my sins; make up my mind not to sin again; tell my sins to the priest; do the penance the priest gives me.

That’s still the right order, even for adults. But “find out my sins” means to examine one’s conscience. The key here, I’ve found, is to habitually examine one’s conscience, not just right before confession. Ideally, we should do an examination of conscience every night before bed. Ask for the Holy Spirit to help you as you go back over your day, first reviewing all the ways you said yes to God and thanking him, then reviewing all the ways you said no to God and asking forgiveness. Mother Teresa said it simply:

“Ask at night before you go to bed, ‘What did I do to Jesus today? What did I do for Jesus today? What did I do with Jesus today?’”

Using a cheat sheet on a regular basis can deepen and improve your nightly review as well as your examination immediately before confession. There are so many to choose from! Find what works best for you in your state in life and the issues you’re struggling with.

Common suggestions are the Ten Commandments, the Beatitudes, and the Precepts of the Church, but you can also use a prayer like the Litany of Humility or the beautiful prayer Fr. Mark-Mary offers in his video, *Bringing the Same Sins to Confession?* Try This.

Also check out the fantastic website, goodconfession.com.

com, that offers descriptions and attributes of various theological lists to meditate on: the Seven Deadly Sins, Seven Capital Virtues, Three Theological Virtues, Four Cardinal Virtues, and even the Four Temperaments (personalities) and the strengths and weaknesses associated with them. I will be using this website often.

Step 4: Be More than Just Sorry

The next step after examining one's conscience is to be sorry for our sins, or as one source said, "be heartbroken because of your sins." Heartbroken. Yes, if I truly loved Jesus, I would be heartbroken that I had hurt him! If we are truly heartbroken, we should be able to "make a firm resolve not to repeat our sin." This is true repentance. As Fr. Mike said in another video, Confessing the Same Sins Over and Over Again, we need to actually, formally renounce the sin. As Christians, we are not confessing just to get some Catholic guilt off our chests. We're confessing so that we will have a true conversion, a real change of thinking and change of lifestyle.

Step 5: Confess Like an Adult

If our motive is to grow in love with the Lord, if we understand what sin is so that we can habitually examine our consciences and see ourselves more clearly, if we are heartbroken and truly repentant, then we are ready to go to confession as grown-ups—and actually start to see some results!

Article CF: <https://media.ascensionpress.com/2020/07/17/confession-201-how-to-confess-like-an-adult/>

REMINDERS

Church Bulletin Advertising

Liturgical Publications will be setting up the advertisements for our church bulletin. The advertising will begin in September 2021 and supports the bulletin service. Please support the bulletin and advertise your product or service. Call Liturgical Publications at 905-624-4422.

ShareLife

Thanks to your generosity, Merciful Redeemer has reached 56% of its ShareLife goal! If you would like to donate, please visit our parish website!

Examination of Conscience

Before going to Confession, set aside some quiet time for reflection. Start by asking the Holy Spirit for help in making a good examination of conscience to prepare. Read through the items on this list and honestly reflect on your behavior for each item.

- Have God and the pursuit of sanctity in Christ been the goal of my life? Am I open to God's will?
- Have I denied my faith?
- Have I placed my trust in false teachings or substitutes for God?
- Have I practiced any superstitions?
- Have I taken the Lord's name in vain (carelessly, in anger, or surprise)?
- Have I kept the Lord's Day a day of rest and worship?
- Have I broken a solemn vow or promise?
- Have I neglected prayer for a long time?
- Have I shown Christlike respect to parents, spouse, family members, and legitimate authorities?
- Have I been attentive to the religious education and formation of my children?
- Have I cared for the bodily health and safety of myself and others?
- Have I abused drugs or alcohol?
- Have I supported in any way abortion, "mercy killing," or suicide?
- Have I been impatient, angry, envious, proud, jealous, vengeful, lazy?
- Have I forgiven others?
- Have I been just in my responsibilities to employer and employees? Have I fulfilled my contracts?
- Have I gossiped or judged anyone?
- Have I been chaste in thought and word?
- Have I deliberately looked at impure TV, pictures, reading?
- Have I stolen anything from another, from my employer, from government? If so, am I ready to repay it?
- Have I spoken ill of or wished ill on another person or myself?
- Have I always told the truth? Have I kept secrets and confidences?
- Have I desired what belongs to other people?
- Have I contributed to the support of the Church?
- Have I over-indulged in food, drink, or material goods?
- Have I been mindful of the poor?

FIRST COMMUNION & CONFIRMATION SCHEDULE

FIRST COMMUNION MASSES:

Was: Sat 8 May, 12:00 p.m.	Is: Sun 26 Sept. 2021, 2:00 p.m.
Was: Sun 9 May, 4:00 p.m.	Is: Sun 26 Sept. 2021, 4:00 p.m.
Was: Sunday 16 May, 2:00 p.m.	Is: Sun 3 October 2021, 2:00 p.m.
Was: Sun 16 May, 4:00 p.m.	Is: Sun 3 October 2021, 4:00 p.m.

CONFIRMATION MASSES:

Was: Mon 26 April, 5:00/7:00 p.m.	Is: Mon 20 Sept. 2021, 7:00 p.m.
Was: Wed 28 April, 5:00/7:00 p.m.	Is: Wed 22 Sept. 2021, 7:00 p.m.
Was: Fri 30 April, 5:00/7:00 p.m.	Is: Fri 24 Sept. 2021, 7:00 p.m.

FIRST HOLY COMMUNION - PARENTS' MEETING #1:

Monday 4 October 2021 – 7:00 p.m.

- Obviously dependent on circumstances;
- Registration Forms to be available on-line at the end of the meeting;
- Registration Forms, with selected date and time, to be submitted in person at the Church at the convenience of the parents.

CONFIRMATION - PARENTS' MEETING:

Wednesday 6 October 2021, 7:00 p.m.

- Obviously dependent on circumstances;
- Registration Forms to be available on-line at the end of the meeting;
- Registration Forms, to be submitted in person at the Church at the convenience of the parents.
- Note that, owing to uncertainty, details of our Parish Confirmation prep course for ALL Confirmandi remain TBD.