



**2775 Erin Centre Boulevard**  
**Mississauga, ON L5M 5W2**  
**Phone: (905) 812 0030**  
**Fax: (905) 812 0011**  
**[mercifulredeemermi.archtoronto.org](http://mercifulredeemermi.archtoronto.org)**

## OFFICE HOURS

**Monday - Friday**  
10:00 AM - 2:00 PM

**Saturday**  
10:00 AM - 3:00 PM

## CHURCH HOURS

**Monday - Friday**  
10:00 AM - 8:00 PM

**Saturday - Sunday**  
8:00 AM - 8:00 PM

## MASS TIMES

**Monday** 12:15 PM

**Tuesday** 7:00 PM

**Wednesday** 12:15 PM

**Thursday** 7:00 PM

**Friday** 12:15 PM & 7:00 PM\*

\*First Fridays of the month only

**Saturday** 9:00 AM

5:00 PM (Vigil Mass)

7:00 PM (Vigil Mass)

**Sunday** 8:30 AM, 10:00 AM,

12:00 PM & 7:00 PM

## ADORATION CHAPEL

**Monday - Saturday**  
10:00 a.m. - 8:00 p.m.

**Sunday** CLOSED

## FOLLOW US ON SOCIAL MEDIA

@MercifulRedeemerParish

@RedeemerParish

@RedeemerParish

@mryouthministry

@forged.jpg

@forgedministry

@mrcssvp

## PARISH TEAM

**Fr Suresh Xavier, Administrator**  
[associate2@mercifulredeemer.org](mailto:associate2@mercifulredeemer.org)

**Fr Abraham Lukose, Associate Pastor**  
[associate@mercifulredeemer.org](mailto:associate@mercifulredeemer.org)

**Patricia Pereira, Office Manager**  
[office@mercifulredeemer.org](mailto:office@mercifulredeemer.org)

**Elizabeth Nogueira, Daytime Secretary**  
**Flavia Fernandes, Evening Secretary**  
[secretary@mercifulredeemer.org](mailto:secretary@mercifulredeemer.org)

**Danielle Lape, Youth Ministry**  
[mercifulredeemerym@gmail.com](mailto:mercifulredeemerym@gmail.com)

**Jane Scamurra, Lay Pastoral Associate**  
[jane@mercifulredeemer.org](mailto:jane@mercifulredeemer.org)

**Kielon Gerra, Communications Coordinator**  
[communications@mercifulredeemer.org](mailto:communications@mercifulredeemer.org)

## PARISH SCHOOLS

**St. Aloysius Gonzaga** 2800 Erin Centre Blvd. | (905) 820 3900

**Divine Mercy** 2840 Duncairn Dr. | (905) 812 5445

**Our Lady of Mercy** 5820 Glen Erin Dr. | (905) 814 9216

**St. Rose of Lima School** 4590 The Gallops | (905) 828 4076

**St. Sebastian School** 3460 Aquinas Ave. | (905) 607 0107

## PARISH COMMUNITY

**Charismatic Prayer Group** Mondays, 7:00 - 8:00 PM

**St. JP II Theology of the Body Prayer Group** Wednesdays, 9:00 - 10:00 PM, by Zoom, [tob@bell.net](mailto:tob@bell.net)

**Knights of Columbus** Michael Fonseca, [gk16254@ontariokofc.ca](mailto:gk16254@ontariokofc.ca)

**Men's Fraternity** Saturdays, 8:00-10:00 AM, by Zoom

**Merciful Moms** Tuesdays, 9:30-11:30 AM

**Youth Ministry** <https://mercifulredeemermi.archtoronto.org/en/parish-life/our-ministries/outreach/youth-ministry/>

**Forged Young Adult Ministry** [www.forgedministry.com](http://www.forgedministry.com)

**Society of St. Vincent de Paul** [www.mrcssvp.ca](http://www.mrcssvp.ca)

**Catholic Cemeteries & Funeral Services** [www.catholic-cemeteries.com](http://www.catholic-cemeteries.com)

**Bible Study Group** Wednesdays, 7:30-9:00 PM

## CONFESSION TIMES

**Tuesday** 6:00 - 7:00 PM

**Saturday** 4:00 PM - 5:00 PM

## TODAY'S MASS READINGS

---

**First Reading:** 1 Kings 19:4-8

**Second Reading:** Ephesians 4:30—5:2

**Gospel:** John 6:41-51

## WEEKLY MASS INTENTIONS

---

**Monday, August 9, 12:15 PM**

+ Antonio Uy Sian Chu, + Tony Fernandes  
+ Enzo Dal Bo

**Tuesday, August 10, 7:00 PM**

+ Sylvia Dsouza, + Madeleine Salib  
Thanksgiving for Walter D'Souza

**Wednesday, August 11, 12:15 PM**

+ Rosa Taddeo  
Special Intention of Digna Pangilinan  
Special Intention of Michael Abraham

**Thursday, August 12, 7:00 PM**

+ Antonio Ebron, + Margaret & John Dias  
+ Deceased Members of Mathias Family

**Friday, August 13, 12:15 PM**

+ Agnes Kwok-Sun  
Thanksgiving by Reynaldo Tamayo  
Thanksgiving by Pereira Family

**Saturday, August 14, 9:00 AM**

+ Henry & Danielle Shiu, + Frederico Castro  
+ Henry Fernandes, + Roman & Romyboy Ozaeto  
+ Departed Members of the D'Souza and D'Mello families for the Saturday  
Special Intention for Msgr Owen Keenan  
Special Intention for Adeline & Yenny Gunad

**Saturday, August 14, 5:00 PM**

+ Deceased Members of Luk & Chui Families  
+ Corazon Manndig  
+ All Souls in Purgatory

**Saturday, August 14, 7:00 PM**

+ Sylvia Dsouza  
Special Intention for Paula & Reg Ellement  
Thanksgiving by Lazaro Family

**Sunday, August 15, 8:30 AM**

+ Dalmacio & Joel Palarca  
+ Antonio & Amato Santenangelo  
+ Monica & Francisco De Vera Senior

**Sunday, August 15, 10:00 AM**

For all parishioners

**Sunday, August 15, 12:00 PM**

+ Rosa Bernedo, + Jose Castro  
+ Deceased Members of Furtado Family  
+ Holy Souls in Purgatory

**Sunday, August 15, 7:00 PM**

+ Maria Rebello, + Cajetan Reveredo, + Effie Rodrigues

## SUNDAY REFLECTION

---

The first reading from 1 Kings tells of Elijah's eating bread, a hearth cake. It also tells us that this was quite the "power bar." After eating two of them, we read that he walked for 40 days and 40 nights to Mt. Horeb where he re-examined his fear-ridden life, accepted once more the word of God and renews his trust in God.

In John 6 we read of two different senses of Jesus' speaking of himself as the bread of life. John follows a clear outline. He first quotes Jesus claim: "I am the bread of life." Next, there is murmuring from the Jews. Finally, there is Jesus' explanation of his saying, "I am the bread of life." Today's Gospel addresses the first sense in which Jesus uses the phrase: "I am the bread of life."

Jesus is proclaiming in today's passage that he is "the bread of life" in the sense that he is food for the mind / heart. He gives us "something to chew on." He is sapiential food. He is wisdom for those who listen to him, to those who accept him as the center of their lives. This food provides the one who accepts him with a life that is not at mere subsistence level, not simple existing. Bread is seen as something that is necessary for living a life that is fully alive. This bread of life provides an answer to the question of what living is for.

We can never underestimate the intelligence and the ingenuity of John the author. It is well accepted that this section of John 6 was calculated to express what we call "the liturgy of the word" in the celebration of Eucharist. It is at this time of our celebration that we turn our attention to a theme that is present in each Sunday celebration of Eucharist.

We first hear a connection to the Hebrew bible; we then usually hear a passage from the apostle, Paul; the final reading is from one of the four gospels. When we listen carefully each week, we hear the great themes from scripture in carefully chosen seasons of the year. These give us the history of salvation, the interventions of our God in the lives of those who have gone before us. During the season of Easter, the first reading is from the Acts of the Apostles that tells us the formative experiences of the early Christian church.

This is bread that thoroughly nourishes us. We realize that our concerns, our worries, our burdens, our joys are not unique to us. We hear of others who walked before us and experienced similar times. In a sense, these people are brought into our lives in our day. We digest the bread of life and are eternally nourished on our journey.

Gospel Reflection CF: <https://oblates.squarespace.com/sundays-salesian-feed/nineteenth-sunday-in-ordinary-time-august-8-2021>

# ANNOUNCEMENTS

## *Next Week's Readings*

**First Reading:** Revelation 11:19a; 12:1-6a, 10ab

**Second Reading:** 1 Corinthians 15:20-27

**Gospel:** Luke 1:39-56

### **Annual Mass for the Faithful Departed**

**18 August, 2021 from 7:00 p.m. - 8:00 p.m.**

**Online**

Due to the protocols surrounding COVID-19, this year's Annual Mass for the Faithful Departed has unfortunately been cancelled at our seven Catholic cemeteries. His Eminence Thomas Cardinal Collins, Archbishop of Toronto, will celebrate and livestream a special Mass in honour of our faithful departed on Wednesday, August 18, at 7 p.m. at St. Michael's Cathedral Basilica. Thank you for your ongoing support of Catholic Cemeteries & Funeral Services and for your continued prayers.

The Mass can be viewed here:

[www.stmichaelscathedral.com/live](http://www.stmichaelscathedral.com/live)

### **4th Annual Parish Ministry Conference**

**26 - 30 October, 2021**

**Online**

The Office of Formation for Discipleship is pleased to announce our 4th Annual Parish Ministry Conference, With Burning Hearts, from October 26 to 30, 2021. The conference will be a virtual, interactive place where all in parish ministry can gather to pray, learn, and be refreshed in understanding how every parish ministry is catechetical, and how we might go forward in the pandemic and post-pandemic context.

Save the date and join our email list to receive updates

<https://bit.ly/OFDFlocknote-SignUp>

or visit our website at

[www.archtoronto.org/conference](http://www.archtoronto.org/conference)

for more information.

### **Altar Servers**

If you are in grade 2 - 12 and are interested in being an altar server, please email [jane@mercifulredeemer.org](mailto:jane@mercifulredeemer.org). Due to the pandemic this ministry has been on hold but we are looking at starting up again with care and caution!

### **Street Patrol**

**7 July, 2021 - 1 September, 2021**

**St. Patrick's Parish**

**131 McCaul Street, Toronto**

Would you or your group like to help the homeless? Street Patrol is a walk through Toronto's downtown core, offering food and friendship to the homeless. Food and drinks are prepared independently ahead of time by you or your group. You may volunteer once or as many times as you wish. Individuals or small groups do NOT need to contact Street Patrol in advance. You may just show up. Larger groups (12 people or more), please book ahead. See FAQ on our website for more information.

**Contact:** Lucio

**Email:** [inmylife@rogers.com](mailto:inmylife@rogers.com)

**Phone:** 416-738-9197

**Web:** <https://bit.ly/StreetPatrol>

### **Anger Iceberg**

**21 August, 2021 from 9:30 a.m. - 3:30 p.m.**

**Niagara Falls**

**Mount Carmel Spiritual Centre**

**7020 Stanley Ave., Niagara Falls, Ont.**

Stained glass window of Jesus on the cross  
Getting angry is only the tip of the iceberg. Anger is a secondary emotion. This workshop will identify the causes of anger and explore our own beliefs and patterns of response. Presenter: Anna Racine ([www.annaracine.org](http://www.annaracine.org)).

**Cost:** \$65 (includes lunch and material)

**Email:** [reservations@carmelniagara.com](mailto:reservations@carmelniagara.com)

**Phone:** 905-356-4113

### **Private Tour of the Yehoshua Aryeh Fine Art Gallery in Jerusalem**

**25 August, 2021 from 8:00 p.m. - 9:00 p.m.**

**Online**

A virtual event recommended by the Office for Promoting Christian Unity and Religious Relations with Judaism

Yehoshua Aryeh and Jordyn Stauber are accomplished photographers from Israel, who have opened the YA Fine Art Gallery in Jerusalem. They will allow to (virtually) explore the physical beauty of the Land of Israel and its impact on the soul.

**Register:** <https://bit.ly/YAgallerytour>



OUR  
MISSION  
IS TO

LOVE, WALK WITH &  
EMPOWER THE YOUTH  
OF OUR COMMUNITY

TO BE  
JOYFUL  
& FEARLESS

DISCIPLES  
OF JESUS  
CHRIST

## MERCIFUL REDEEMER YOUTH MINISTRY

[mercifulredeemermi.archtoronto.org/en/parish-life/our-ministries/outreach/youth-ministry/](https://mercifulredeemermi.archtoronto.org/en/parish-life/our-ministries/outreach/youth-ministry/)



@mryouthministry • [mercifulredeemerym@gmail.com](mailto:mercifulredeemerym@gmail.com)



**For High School Students (Gr. 9-12)**

Every 2nd and 4th Saturday of the month, 4:30-6 PM

**We will be taking a short break for the summer.**

Lifeteen is a high-school youth ministry that strives to lead teens closer to Christ by strengthening our teens' Catholic identity, while also rooting them firmly in Christ and in His Church. If you are interested in joining the program in our parish, please register your child using the link found on the parish website. Once you register your child with the link provided, you will automatically be sent the Zoom link before every Life night.



**For Middle School Students (Gr. 6-8)**

Every 1st and 3rd Saturday of the month, 4:30-6 PM

**We will be taking a short break for the summer.**

Edge is a middle-school ministry program that aims to offer a safe and fun environment where you can learn more about your faith. If interested, please register using the link found on the parish website. Once you register your child with the link provided, you will automatically be sent the Zoom link before every Edge night.

### *Save The Date*

#### **Summer Opportunities**

**Merciful Adventures 2021**  
**Started 12 July**

We are excited to announce that we will be offering a hybrid-style (in-person and virtual) experience for all youth in Grades 1-12 this summer. It will be a fun and exciting opportunity for the youth to grow in their relationship with Christ. There will be outdoor games, talks, activities, Mass, and so much more.

*Registration has been extended for those in Grades 8-12. Spots are limited! Please contact Danielle, the youth minister for more information.*





# *Praying the Bible: To Ponder and Consume*

A great professor I had in college spoke to our class one day about something he called, “praying the Bible.” He explained that this can be seen as a form of *lectio divina*, but it is truly in its own category.

The mission and motive of this prayer is to read a Gospel passage, or any Bible passage, slowly and intently which will place the reader in direct and divine contact with God. Praying a passage is different than reading it, the priest claimed. After combing through the reading two or three times, one should focus on a word or phrase that has been jumping out at him or her. Then, slowly repeat those words over and over again, what the saints have called, “chewing the word.” This places us in the position to ponder the word like Mary (Luke 2:19) and consume the word.

In order to place ourselves in the position to be receptive to how God is speaking, the priest who taught that course stressed several instructions. One must remember how clearly is the fact that all God does, his very life, is an attempt to get close to us. However, that priest never outlined specific directives regarding this process. That was the role of the one doing the praying. Below is a chronological approach to bring us to the place of intense focus on God’s presence which has been woven throughout the lives of the Bible and the saints.

## **Setting the Stage**

First, it is helpful to close your eyes and begin to think intensely about who we are, how we got here, and where we came from. Once you finish “praying” (slow and intentional reading) the passage, you may begin at the beginning (Genesis). We can trace back our family heritage in countless ways, and we can study different theories of evolution until we are blue in the face, but there is no getting around one fact about reality: something cannot come from nothing. Someone must have placed us, and all the other living things here, on earth.

From the beginning of time God has destined to create and be near to his creatures, to you and me. Most importantly, this exercise should force us to face the beautiful fact that, like everything else in the world, we did not have to be here; we did not have to be given life and breath, but we did. Because Someone chose us and loves us into existence.

## **God in the Old and New Testaments**

Next, it is very helpful to call to mind all of the ways the prophets foretold the birth and coming of Christ. Israel was waiting and waiting for their Messiah and king to come and save them, to set them free. At Christmas we celebrate God breaking through the barrier between Creator and creature in the most powerful and literal manner. Here we are reminded that not only does God place us in this world and give us life, but he also becomes one of us. He will forever have an intimate link with humanity. God takes flesh and walks the earth with other human beings; he was actually here among us. At one point, one moment in history he was born and entered the same condition we are in and prayed just like we are at this moment.

When Jesus encountered people in need he transformed their lives in unexplainable ways. There was no explanation for someone who was lame for over thirty-eight years suddenly having the capacity to walk (John 5:5), simply on the word of a man who was the son of a carpenter from a poor town in Galilee. There was no explanation for how a man (Lazarus) could be dead and buried for four days and at the command of a traveling preacher, he was brought back to life (John 11:43-44). There is one undeniable fact about who Christ was: he entered people’s lives and completely turned things upside down, for the better. Jesus came, lived, taught, and worked miracles that could not be explained away. He was there with them and he changed everything in the process. During prayer, he desires to do the same for us.

God did create, then he sent his son, Jesus worked awesome miracles, and then, on the night before he died, he offered his life for us with his words at the Last Supper:

“This is my body, this my blood ... ”

Matthew 26:26-28; Mark 14:22-23; Luke 22:19-20

He was saying, ‘I am going to give everything up for you.’ He would die and leave them, but Christ will never abandon us because the Eucharist will be his true Presence among us. As he is talking about leaving this world and the apostles, Jesus is—at the same time—stating that he is not going anywhere.

## **Waiting for the Eucharist**

Finishing the meditation on the Eucharist makes sense because praying the Bible is most life-altering

when we do so in front of the Blessed Sacrament. This way we remember that the Bible is made up of God's words to us, and that he is with us when he speaks to us. So we start listening when we place ourselves directly before him, open our eyes and realize that he is about to start a conversation with us. Because he is always the one who gets things started: he creates, then he is born among us, then he searches for people to heal, offers his life, and continues to come to us each day at the Mass.

While we wait to be reunited with the Presence of Christ in the Blessed Sacrament, we can prepare for that tremendous meeting through truly encountering him in the Bible. Pray the Bible and see him look at you, reflect (ponder) and receive him, like never before.

Article CF: <https://media.ascensionpress.com/2020/05/26/praying-the-bible-to-ponder-and-consume/>

## *Prayer for Openness to Hearing the Word of God*

Father, I pray that I might be open to hear Your voice. May I be eager to hear what You have to say to me through Your written Word, and by the Word as it is preached and sung at church. Lord, there are some things in Your Word that are difficult to hear—warnings about the need for purity and the need for deep repentance from sin. Let me be willing to hear those words and obey them.

I pray for \_\_\_\_\_ that they might not turn away from the truth, but would listen intently to what You are saying to them. Lord, it appears that at times the voices of this world are louder than Your still small voice; help them to discern that the loudest voice is not always the wisest voice. Open their spiritual ears I pray; help them to hear You calling them by name to be Yours both now and forever. In Jesus' name, **Amen.**

# REMINDERS

## Change of Address

If your home address or telephone number has changed, please send us an email at [register@mercifulredeemer.org](mailto:register@mercifulredeemer.org)

## Download Our Parish App!

Visit [myparishapp.com](http://myparishapp.com)

- 1) Download myParish App
- 2) Enable the location setting on your device
- 3) Select our parish after opening

## Info and Awareness on Euthanasia

Visit <https://mercifulredeemermi.archtoronto.org/en/resources/euthanasia/> and <https://www.archtoronto.org/en/>

## Confirmation Responses

If your child is to be Confirmed in Fall 2021, you should have received an email calling you to disclose whether you will: (a) be confirming yours and your child's attendance to his/her Confirmation Mass, or (b) postponing your child's Confirmation Sacrament to Spring 2022. **Confirmation responses will be due by Sunday, August 15th by 11:59 p.m.**

## *Adoration Chapel Guidelines*

**Let's help each other stay safe and healthy!**

MAXIMUM of 10 Visitors at a time (The Church is also available for private prayer.)

SIGN IN and OUT at each visit (Use the Registered\* or Drop-in Visitors' log)

SANITIZE your area before leaving

CLOSE the Angelic Doors covering the Monstrance if the Chapel will be empty when you leave

\*\*\*Register with the Adoration Ministry at (905) 812-0030 ext. 9 or email [adoration@mercifulredeemer.org](mailto:adoration@mercifulredeemer.org) with your name, phone number and day and time of the regular weekly hour visit you promise to keep.

## **FIRST COMMUNION & CONFIRMATION SCHEDULE**

### **FIRST COMMUNION MASSES:**

<b>Was:</b> Sat 8 May, 12:00 p.m.	<b>Is:</b> Sun 26 Sept. 2021, 2:00 p.m.
<b>Was:</b> Sun 9 May, 4:00 p.m.	<b>Is:</b> Sun 26 Sept. 2021, 4:00 p.m.
<b>Was:</b> Sunday 16 May, 2:00 p.m.	<b>Is:</b> Sun 3 October 2021, 2:00 p.m.
<b>Was:</b> Sun 16 May, 4:00 p.m.	<b>Is:</b> Sun 3 October 2021, 4:00 p.m.

### **CONFIRMATION MASSES:**

<b>Was:</b> Mon 26 April, 5:00/7:00 p.m.	<b>Is:</b> Mon 20 Sept. 2021, 7:00 p.m.
<b>Was:</b> Wed 28 April, 5:00/7:00 p.m.	<b>Is:</b> Wed 22 Sept. 2021, 7:00 p.m.
<b>Was:</b> Fri 30 April, 5:00/7:00 p.m.	<b>Is:</b> Fri 24 Sept. 2021, 7:00 p.m.

### **FIRST HOLY COMMUNION - PARENTS' MEETING #1:**

***Monday 4 October 2021 – 7:00 p.m.***

- Obviously dependent on circumstances;
- Registration Forms to be available on-line at the end of the meeting;
- Registration Forms, with selected date and time, to be submitted in person at the Church at the convenience of the parents.

### **CONFIRMATION - PARENTS' MEETING:**

***Wednesday 6 October 2021, 7:00 p.m.***

- Obviously dependent on circumstances;
- Registration Forms to be available on-line at the end of the meeting;
- Registration Forms, to be submitted in person at the Church at the convenience of the parents.
- Note that, owing to uncertainty, details of our Parish Confirmation prep course for ALL Confirmandi remain TBD.